

## State Health Insurance Assistance Programs (SHIPS)

Beneficiaries may contact their SHIP counselor (called HICAP in California; may go by another name in other states) for information on prescription drug coverage. To find the telephone number for the nearest SHIP, call 1-800-MEDICARE or visit [www.medicare.gov/contacts/static/allStateContacts.asp](http://www.medicare.gov/contacts/static/allStateContacts.asp). (The below table comes from that page.)

The State Health Insurance Assistance Program (SHIP) has counselors in every State and several Territories that are available to provide free one-on-one help with your Medicare questions or problems. See below for how to contact a SHIP counselor in your area.

State	Toll Free Number	Local Number	Español Teléfono
<a href="#">Alabama</a>	Toll Free: 1-800-243-5463 1-800-AGELINE	Local: 1-334-242-5743 Local TTY: 1-334-242-0995	
<a href="#">Alaska</a>	Toll Free: 1-800-478-6065 In-State Calls Only	Local: 1-907-269-3680 Local TTY: 1-907-269-3691	
<a href="#">Arizona</a>	Toll Free: 1-800-432-4040	Local TTY: 1-602-542-6366	
<a href="#">Arkansas</a>	Toll Free: 1-800-224-6330	Local: 1-501-371-2782	
<a href="#">California</a>	Toll Free: 1-800-434-0222 In-State Calls Only		
<a href="#">Colorado</a>	Toll Free: 1-888-696-7213	Local: 1-303-894-2964 Local TTY: 1-303-894-7880	<b>1-866-665-9668</b>
<a href="#">Connecticut</a>	Toll Free: 1-800-994-9422 In-State Calls Only	Local: 1-860-424-5862 Local TTY: 1-860-842-5424	
<a href="#">Delaware</a>	Toll Free: 1-800-336-9500 In-State Calls Only	Local: 1-302-739-6266	
<a href="#">Florida</a>	Toll Free: 1-800-963-5337	Local: 1-850-414-2060 Local TTY: 1-850-414-2001	
<a href="#">Georgia</a>	Toll Free: 1-800-669-8387	Local: 1-404-657-5334	
<a href="#">Guam</a>		Local: 1-671-735-7382	
<a href="#">Hawaii</a>	Toll Free: 1-888-875-9229	Local: 1-808-586-7299	
<a href="#">Idaho</a>	Toll Free: 1-800-247-4422 In-State Calls Only		
<a href="#">Illinois</a>	Toll Free: 1-800-548-9034 In-State Calls Only	Local: 1-217-785-9021 Local TTY: 1-217-524-4872	
<a href="#">Indiana</a>	Toll Free: 1-800-452-4800		
<a href="#">Iowa</a>	Toll Free: 1-800-351-4664	Local: 1-515-281-5705	
<a href="#">Kansas</a>	Toll Free: 1-800-860-5260	Local: 1-316-337-7386	
<a href="#">Kentucky</a>	Toll Free: 1-877-293-7447		

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<a href="#"><u>Louisiana</u></a>	Toll Free: 1-800-259-5301 In-State Calls Only	Local: 1-225-342-5301	
<a href="#"><u>Maine</u></a>	Toll Free: 1-877-353-3771 In-State Calls Only	Local: 1-207-621-0087	
<a href="#"><u>Maryland</u></a>	Toll Free: 1-800-243-3425 In-State Calls Only	Local: 1-410-767-1100 Local TTY: 1-410-767-1083	
<a href="#"><u>Massachusetts</u></a>	Toll Free: 1-800-243-4636		
<a href="#"><u>Michigan</u></a>	Toll Free: 1-800-803-7174	Local: 1-517-886-1242	
<a href="#"><u>Minnesota</u></a>	Toll Free: 1-800-333-2433		
<a href="#"><u>Mississippi</u></a>	Toll Free: 1-800-948-3090	Local: 1-601-359-4929	
<a href="#"><u>Missouri</u></a>	Toll Free: 1-800-390-3330	Local: 1-573-817-8320	
<a href="#"><u>Montana</u></a>	Toll Free: 1-800-551-3191 In-State Calls Only	Local: 1-406-444-7870	
<a href="#"><u>Nebraska</u></a>	Toll Free: 1-800-234-7119	Local: 1-402-471-2201	
<a href="#"><u>Nevada</u></a>	Toll Free: 1-800-307-4444	Local: 1-702-486-3478	<b>1-702-386-8554</b>
<a href="#"><u>New Hampshire</u></a>	Toll Free: 1-866-634-9412 In-State Calls Only	Local: 1-603-225-9000	
<a href="#"><u>New Jersey</u></a>	Toll Free: 1-800-792-8820 In-State Calls Only	Local: 1-877-222-3737	
<a href="#"><u>New Mexico</u></a>	Toll Free: 1-800-432-2080 (In-state)	Local: 1-505-476-4799	
<a href="#"><u>New York</u></a>	Toll Free: 1-800-701-0501		
<a href="#"><u>North Carolina</u></a>	Toll Free: 1-800-443-9354 In-State Calls Only	Local: 1-919-807-6900	
<a href="#"><u>North Dakota</u></a>	Toll Free: 1-888-575-6611	Local: 1-701-328-2440	
<a href="#"><u>Ohio</u></a>	Toll Free: 1-800-686-1578	Local: 1-614-644-3458 Local TTY: 1-614-644-3745	
<a href="#"><u>Oklahoma</u></a>	Toll Free: 1-800-763-2828 In-State Calls Only	Local: 1-405-521-6628	
<a href="#"><u>Oregon</u></a>	Toll Free: 1-800-722-4134 In-State Calls Only	Local: 1-503-378-2014 Local TTY: 1-503-947-7280	
<a href="#"><u>Pennsylvania</u></a>	Toll Free: 1-800-783-7067	Local: 1-717-783-8975	
<a href="#"><u>Puerto Rico</u></a>	Toll Free: 1-877-725-4300	Local: 1-787-721-6121	
<a href="#"><u>Rhode Island</u></a>		Local: 1-401-462-4444 Local TTY: 1-401-462-0740	
<a href="#"><u>South Carolina</u></a>	Toll Free: 1-800-868-9095	Local: 1-803-734-9900	
<a href="#"><u>South Dakota</u></a>	Toll Free: 1-800-536-8197	Local: 1-605-773-3656 Local TTY: 1-605-367-5760	

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<a href="#"><u>Tennessee</u></a>	Toll Free: 1-877-801-0044	Local TTY: 1-615-532-3893	
<a href="#"><u>Texas</u></a>	Toll Free: 1-800-252-9240		
<a href="#"><u>Utah</u></a>	Toll Free: 1-800-541-7735 In-State Calls Only	Local: 1-801-538-3910	
<a href="#"><u>Vermont</u></a>	Toll Free: 1-800-642-5119 In-State Calls Only	Local: 1-802-748-5182	
<a href="#"><u>US Virgin Islands</u></a>		Local: 1-340-772-7368 340.714.4354 (St. Thomas)	
<a href="#"><u>Virginia</u></a>	Toll Free: 1-800-552-3402	Local: 1-804-662-9333	
<a href="#"><u>Washington</u></a>	Toll Free: 1-800-562-6900	Local: 1-360-725-7073 Local TTY: 1-360-586-0241	<b>1-800-562-6900</b>
<a href="#"><u>District of Columbia</u></a>		Local: 1-202-739-0668 Local TTY: 1-202-973-1079	<b>1-202-739-0668</b>
<a href="#"><u>West Virginia</u></a>	Toll Free: 1-877-987-4463	Local: 1-304-558-3317	
<a href="#"><u>Wisconsin</u></a>	Toll Free: 1-800-242-1060		<b>1-888-701-1255</b>
<a href="#"><u>Wyoming</u></a>	Toll Free: 1-800-856-4398		